

Begin Your Journey!

Welcome to Tao of Venus, an acupuncture and herbal wellness retreat specializing in hormonal and emotional balance. Escape the chaos of the outside world and take a retreat into your body, mind and spirit!

Minutes away, we are waiting to fill your senses with our candlelit ambiance, elixer teas, transforming aromas, soothing music and healing energy. Breathe in the balance that awaits as our licensed specialists design a program best suited for your individual needs.

As Venus follows her path, it is not uncommon for her to have lost her way. Women these days seem to do it all and are doing it very efficiently. However, more than ever, conditions such as PMS, infertility, depression, low libido, weight gain, fatigue, insomnia, digestive complaints and pain seem to be taking over too much of our lives.

At Tao of Venus, through acupuncture and/or other modalities, we can reset your hormonal, neurochemical and emotional systems! As Venus starts feeling her best, our Acupuncture and Energy Light Facial Rejuvenation and Weight Rebalancing programs can aid her to look her best.



Why Acupuncture Works

Traditional Oriental Medicine is based on theories of the flow of Qi (energy) and Blood through energy pathways that flow throughout the body somewhat like the nerves and blood vessels. The needles unblock stuck energy that cause imbalance, like a dam in a river, allowing the body to return to its natural harmonious state. Our bodies are composed of over 70% water, and much like a swamp whose water has become stagnate, our bodies, without the proper flow, will also become stagnant, resulting in imbalance to many of our systems. Each point communicates with bodily systems and restores the body back to balance.

The insertion of very thin needles along meridians* have been shown to stimulate a chemical dialogue that finds its way to the hypothalamus. Once that message is received, neurotransmitters like serotonin, dopamine and adrenaline are regulated, stimulating the release of the proper balance of hormones.

Acupuncture raises levels of white blood counts and overall anti-body levels (thus strengthening the immune system), blocks pain fibers, secretes endorphins (the body's own morphine) and regulates neurotransmitters. Acupuncture stimulates the central and peripheral nervous system, causing the release of chemicals that alter the experience of pain and influence the body's self-regulating systems, which lead to our body's natural healing abilities.

Acupuncture enhances the flow of needed nutrients, blood and oxygen to the muscles, retraining muscles to relax, breaking the spasm cycle that muscles can get caught in. This is how ACUPUNCTURE and ENERGY LIGHT FACIAL REJUVENATION can be powerful. Allowing the contracted muscles to relax (compared to Botox that paralyzes the muscle, forcing the relaxation) the appearance of fine lines and wrinkles dissipate, causing increased collagen production, blood flow and nutrients to the problem area. The result is not only diminished wrinkles, but also a beautiful glow.

Community Through Health

Tao of Venus is an acupuncture center where women not only feel balanced hormonally, but every other aspect of their life can be addressed as well. At Tao of Venus, we help you look and feel your best at every stage of your life.

When women become part of our healing community they find healthcare professionals who listen, understand and can give hope, joy, and balance back to their lives. Every woman is a Venus and deserves to live life with soaring spirit, vibrant health and glowing beauty.

Energy Light Rejuvenation

Inner Balance = Outer Beauty

Based on the philosophy of acupuncture, Facial Rejuvenation using Energy Light Rejuvenation (ELR) transforms beyond body, mind and time to a vibrant new you. ELR is a microcurrent technology using low-level frequencies that stimulate our bodies optimal function combined with Therapeutic Light and Color for phenomenal results.

If you would like the benefits of increased collagen production, smoother fine lines and wrinkles, firmer skin tone, improved skin texture, diminished blemishes and breakouts and minimized puffiness while your body, mind and spirit are also rejuvenated, then this needle-less form of Facial Rejuvenation is your ticket to Vibrational Beauty.

Glowing Beauty without surgery, redness, bruising, aching, downtime or discomfort!
Try it today!



